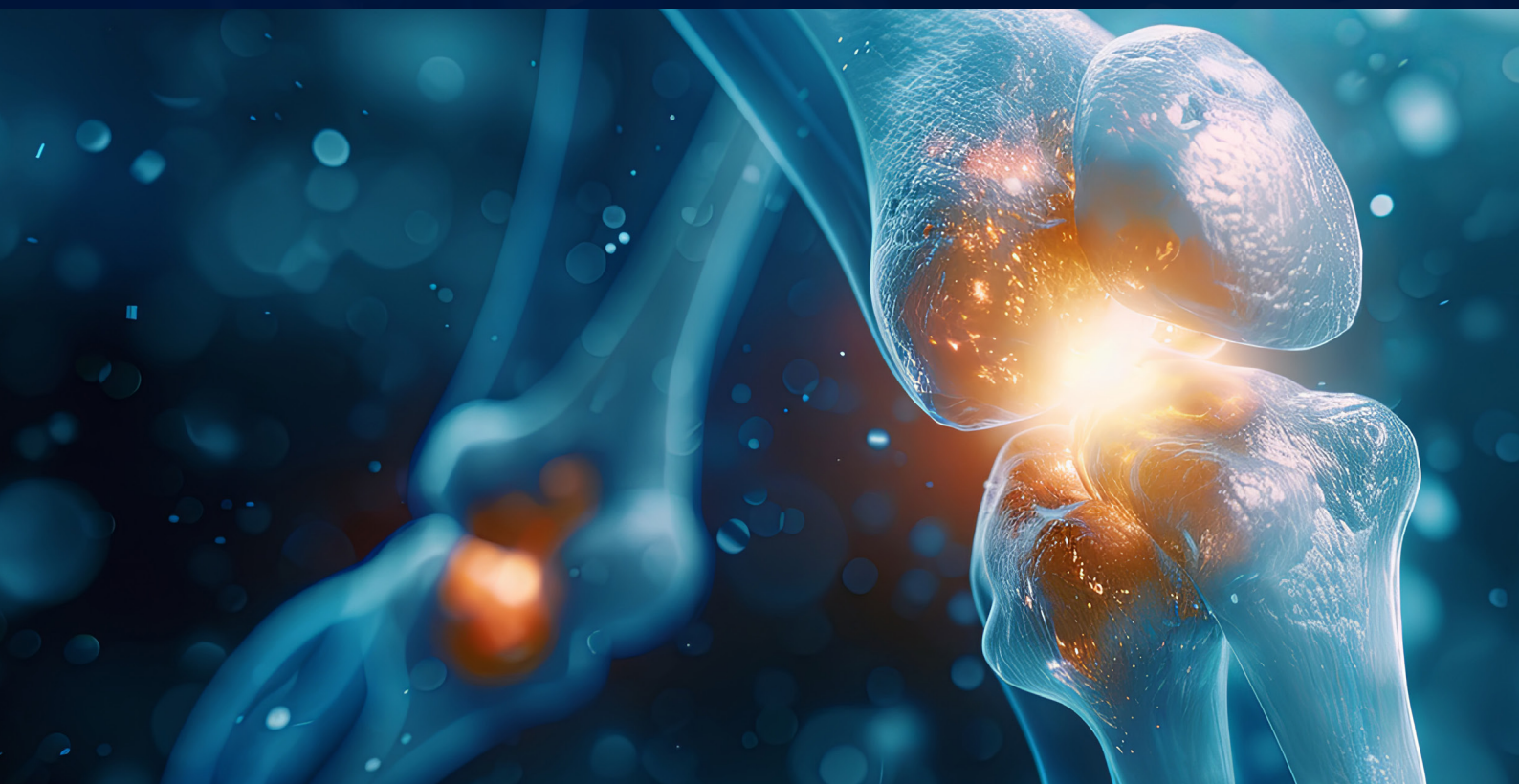




Vol.4 | Issue 5

August 2025

IAS NEWSLETTER



In this issue

- » IAS President's message - 1
- » IAS Ligament Registry - 2
- » Academic Calendar · May-October - 3
- » IAS Membership - 4
- » ISAKOS - 5
- » Bengaluru Arthroscopy Course, Operative 2025 - 6
- » 4th AAA SYMPOSIUM 2025 - 7
- » IASCON 2025 - 8



Dr S Arumugam
President



Dr Rajeev Raman
Secretary



Dr Soumyadip Datta
Newsletter Committee



Saseendar Shanmugasundaram
Newsletter Committee

For communication contact:

Dr Soumyadip Dutta

9830757233 | soumyadiorth@yahoo.com

Dr Saseendar Shanmugasundaram

95003 66970 | ssaseendar@yahoo.co.in

www.indianarthroscopy.co.in

Message from the President



Dear Colleagues,

It gives me great pleasure to welcome you to the relaunch of our vibrant monthly newsletter!

Amidst this dynamic phase of growth and transformation, it became clear that our Society needed a powerful and regular platform to share, educate, and inspire. This initiative aligns perfectly with our theme of “Bridging the Boundaries.”

We are proud to be led by our newly elected office bearers, who bring fresh energy, innovative ideas, and a unified vision. As we move ahead, it is evident that the collective efforts of our members and leadership can take us farther than ever before.

The year 2025 marks an exciting chapter for us on the international front. Our collaborations with ESSKA and ESSMA are gaining momentum, offering new opportunities for global exposure and meaningful academic exchange—connecting Indian arthroscopy to the world stage.

This newsletter will be much more than just updates. It will be a dynamic platform:

- A chronicle of our achievements
- A voice for our aspirations
- A vibrant resource for education, inspiration, and growth

On behalf of the Indian Arthroscopy Society, I warmly invite each one of you to be an active part of this new journey. Let’s make this newsletter a true reflection of the extraordinary energy, expertise, and enthusiasm that defines IAS.

Jai Hind!

Warm regards,

Prof. Arumugam S.

President, Indian Arthroscopy Society

**INDIAN ARTHROSCOPY SOCIETY**

(ESTABLISHED IN 1983 – REGISTERED UNDER SOCIETY ACT)



Join Indian Ligament Registry

**Registry Chairman:**

Prof. Arumugam S

Implementation Convener:

Dr. SR Sundararajan

Dr. Rajeev Raman

Co-Conveners:

Dr. Inderdeep Singh

Dr. Soumyadip Datta

Dr. Neha Godghate

Dr. Ram Chidambaram

Dr. Tirth Vyas

Development Team:

Dr. B Bhupesh Karthik

Dr. Prakash Ayyadurai

Indian Ligament Registry (ILR) is a nationwide Indian Arthroscopy Society (IAS) initiated database.

Steps to join ILR

1. Get Approval from IAS Secretary for creating ILR Login
2. Write to mdc.health.helpdesk@necsws.com with approval email for ILR account creation
3. Support team will create account and share password
4. Login to <https://ias.necsws.com>
5. Reset password on first login
6. Ready to start recording cases on ILR

Contact us

ILR users can contact the helpdesk

Ph: +91 2250323085 (Monday - Friday 8 am - 6 pm IST)

Email: mdc.health.helpdesk@necsws.com

Website: www.indianarthroscopy.co.in



IAS ONE

INDIAN ARTHROSCOPY SOCIETY

Academic to every nook & corner of India



Prof. Arumugam S

President, IAS



Dr. Rajeev Raman

Secretary, IAS

ACADEMIC CALENDAR

MAY-OCTOBER 2025

May-25 Knee - SRMS Bareilly

Jun-25 Knee Prog. with Live Surgeries - Tamluk

Jun-25 Knee - Dehradun

Jun-25 Shoulder - Aurangabad

Jul-25 Shoulder - Kumool

Jul-25 Knee - Rothak

Jul-25 Shoulder - Jamnagar

Jul-25 Knee - Udaipur

Aug-25 Shoulder - Dehradun

Aug-25 Knee Prog. with Live Surgeries - Salem

Aug-25 Shoulder - Kanpur

Aug-25 Knee - Indore

Aug-25 Shoulder - Patna

Aug-25 Knee - Tezpur

Sep-25 Knee - Kumool

Sep-25 Shoulder - Huballi

Sep-25 Knee - Ranchi

Oct-25 Shoulder Prog. with Live Surgeries - Mangalore

Oct-25 Knee - Bhubaneswar

Oct-25 Knee - Srinagar

Oct-25 Knee - Burdwan

Nov-25 Knee - Rourkela

Nov-25 Knee - Vijaywada



Dr. Bhupesh Karthik

IAS One - Convener



Dr. Inder Deep Singh

IAS One - Co-Convener



Dr. Sridhar Gangavarapu

IAS One Co-Convener

ACADEMIC PARTNER





Apply for

IAS MEMBERSHIP

Why to become IAS Member

**1. Join the family of Arthroscopy Surgeon
one of fastest growing Subspeciality**

2. Professional Recognition

3. Academic and Research Opportunities

**4. Educational and Training Programs
Fellowship opportunities Inland and
foreign Fellowship**

5. Networking and Collaboration

6. Leadership and Involvement

**7. Exclusive Access to Resources like
Indian Ligament registry**



Prof Arumugam S
President, IAS



Dr Rajeev Raman
Secretary, IAS



Dr Naresh Goud
Chair Membership and IT
Committee, IAS

*Membership fee
INR 5000.00*





ALLIANCE

SUPPORTED BY
BIOTEK



**ISAKOS
CONGRESS
2025**



**MUNICH
GERMANY**
June 8-11

DR THOMAS PATT

PRESIDENT - ESMA /ESSKA

PROF ARUMUGAM S

PRESIDENT - IAS

BRIDGING BORDERS, BUILDING EXPERTISE

Indian Arthroscopy Society and ESSKA have agreed during ISAKOS Munich 2025, to launch a reciprocal exchange of Indian & European arthroscopy surgeons, fostering joint training and research from this year onward

Dr Rajeev Raman
Secretary IAS

Prof Arumugam S
President IAS

Sports Injury Centre Presents



SPORTS SURGERY CONCLAVE

(FORMERLY DELHI ARTHROSCOPY COURSE)

CONDUCTING UNDER THE AEGIS OF SPORTS INJURY RESEARCH SOCIETY

Theme : Collaborate and Refine Sports Surgery Techniques

20
25

(Affiliate with)

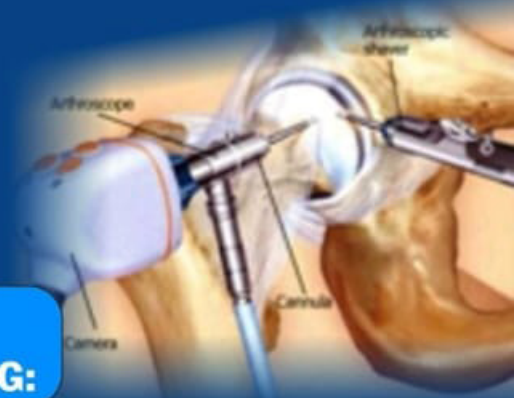
Main Conclave : 01st - 03rd August 2025 Venue : Hotel Eros, Nehru Place, New Delhi

KNEE & SHOULDER

REGISTER FOR THE CADAVERIC WORKSHOPS

Date : 01st August 2025

Venue : Sports Injury Centre, VMMC & Safdarjung Hospital, New Delhi



LIVE SURGERY MEGAFEST OVER 25 LIVE SURGERIES INCLUDING:

- ✓ Multi Ligamentous knee
- ✓ Patellar instability procedures
- ✓ Tendon transfers and patch augmentation in cuff tears
- ✓ Hip Labral repair
- ✓ Ankle impingement procedures



- Organised By Sports Injury Center, Leading Sports Research Institute Of Country Performing Over 5000 Sports Surgeries An Year.
- A Conference With Unique Interactive Teaching Approach



Register Now

www.sirsdeldhi.com

Click here to register

<https://www.sirsdeldhi.com/registration-details.php>


Scan to register



4th AAA SYMPOSIUM 2025



ARTHROSCOPY, SPORTS INJURY & RECONSTRUCTIVE

OPERATIVE COURSE 

Learn From Masters
How to Execute it Perfectly

30th – 31st AUGUST 2025

VENUE : Hyatt, Vastrapur, Ahmedabad





22nd ANNUAL CONFERENCE OF INDIAN ARTHROSCOPY SOCIETY

IASCON 2025

26th, 27th & 28th September 2025
Taj Cidade De Goa Horizon, Goa



Best Paper Award Winner
**Gets the ACL / PCL JIG SET
by BIOTEK**



SCAN TO REGISTER

www.iascon2025goa.com





22nd ANNUAL CONFERENCE OF INDIAN ARTHROSCOPY SOCIETY

IASCON 2025

26th, 27th & 28th September 2025
Taj Cidade De Goa Horizon, Goa



1000 REGISTRATIONS

CROSSED



HURRY UP!

LAST FEW SEATS & ROOMS LEFT.



Dr. S. Arumugam
President



Dr. Rajeev Raman
Secretary



Dr. Sunil Kulkarni
Org. Chairman



Dr. Parag Sancheti
Org. Co Chairman



Dr. Shivanand Bandekar
Org. Co Chairman



Dr. Roshan Wade
Scientific



Dr. Sameer Shaikh
Organising Secretary



SCAN TO REGISTER

www.iascon2025goa.com



DAY 1 - 26TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - ELBOW / ANKLE
08.00 AM - 08.05 AM	OPENING REMARKS	OPENING REMARKS	OPENING REMARKS
08.05 AM - 08.55 AM	LIVE SURGERY 1 - KNEE ACL using 6 Bundled Hamstrings with Let	LIVE SURGERY 2 - SHOULDER Arthroscopic Bankart	LIVE SURGERY 3 - SHOULDER Rotator Cuff repair
08.55 AM - 09.45 AM	MODULE - 1 PRIMARY ACL IN CHALLENGING SITUATIONS - (7 MIN EACH) Case Based Presentation - What to Do? Why? How? (7 Min Each)	MODULE 2 - SHOULDER INSTABILITY - (7 MIN EACH) Case Based Presentation - When, Why & How? (7 Min Each)	MODULE - 3 - ELBOW SCOPY - BASICS (7 MIN TALK)
08.55 AM - 09.02 AM	1. Acute ACL Tear in Athletic Sportsperson - Football Player	1. Anterior Bankart Repair + Remplissage	1. Positioning, Portals for Elbow Scopy
09.02 AM - 09.09 AM	2. ACL Tear with Knee Hyperextension	2. Bony Bankarts	2. Indications & Contraindications for Elbow Scopy
09.09 AM - 09.16 AM	3. ACL with High Grade Pivot Athlete	3. Posterior Labral Tear	3. Arthroscopic Anatomy & Nerve Safety Precautions
09.16 AM - 09.23 AM	4. ACL Tibial Avulsion Fracture	4. Posterior Lab Defect	4. Arthroscopic Loose Body Removal. Tips & Tricks
09.23 AM - 09.30 AM	5. ACL + All with Retaining Hamstring Insertion Site. When? Why? How?	5. Hagl Repair - Arthroscopic	5. Arthroscopic Treatment of Post Traumatic Stiff Elbow
09.30 AM - 09.37 AM	6. Acute Femoral Avulsion of ACL	6. Knotless bankart repair	6. Arthroscopic Treatment of Pitchers Elbow
	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)
09.45 AM - 10.00 AM	KEYNOTE 1 - KNEE (12 min) Acute ACL Repair - is it standard Operating Practice Now? When to do? ACL Augmentation/ ACL Brace Discussion - 3 Min (Questions from convenor / floor)	KEYNOTE 2 - SHOULDER (12 min) Why do Primary Bankarts Fail? Discussion - 3 Min (Questions from convenor / floor)	KEYNOTE 3 - ELBOW (12 min) Elbow Arthroscopy - Recent Advances & Its Role in Trauma & Instability Discussion - 5 Min (Questions from convenor / floor)

DAY 1 - 26TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - ELBOW / ANKLE
10.00 AM - 10.45 AM	LIVE SURGERY 4 - KNEE BTB Reconstruction with Meniscus Repair SOS Modified Elisons Procedure	LIVE SURGERY 5 - SHOULDER Arthroscopic Bankart + DAS	RE-LIVE SURGERY - ELBOW SCOPY (20 min each) 1. Portals, Positioning, Tennis Elbow Release 2. Arthroscopic Siff Elbow Release
10.45 AM - 11.35 AM	MODULE - 4 PCL SESSION - UNDERSTANDING PCL Case Based Presentation - When, Why & How? (7 min each)	MODULE - 5 GLENOID & HUMERAL BONE LOSS Case Based Presentation - When, Why & How? (7 min each)	MODULE - 6 VIDEO TECHNIQUES (7 MIN EACH) KNEE & SHOULDER
10.45 AM - 10.52 AM	1. PCL - Single Bundle Remnant Preserving	1. Double Pulley Remplissage	1. GT # fixation - Arthroscopic as well as C-Arm Guided
10.52 AM - 10.59 AM	2. PCL - Double Bundle	2. DAS	2. Near full house Repair Technique
10.59 AM - 11.06 AM	3. All inside PCL	3. Subscapularis Augmentation	3. Modified Lemarie's LET
11.06 AM - 11.13 AM	4. PCL Avulsion Fracture - Arthroscopic	4. Open Latarjet with Circlage Tape	4. Endoscopic Tendoachilles Repair
11.13 AM - 11.20 AM	5. Evidence Based - Single vs Double is Bundle Concept Still Holds True?	5. Arthroscopic Boneblock with Bankarts - Implantless	5. SLAP Repair
11.20 AM - 11.27 AM	6. Synthetic Graft for PCL Reconstruction	6. ArthroLatarjet	6. TBA
	Discussion - 8 min (Questions from convenor / floor)	Discussion - 8 min (Questions from convenor / floor) Q & A	Discussion - 8 min (Questions from convenor / floor) Q & A
11.35 AM - 12.15 PM	DEBATE 1 MENISCUS - SACRIFICIAL LAMB OR HOLY COW • Shave the Meniscus - 5 min • Save the Meniscus - 5 min • Rebutal - 2 min • Rebutal - 2 min Final Verdict	DEBATE 1 H/O RECURRENT DISLOCATION 4 TIMES, BONE LOSS - 12-14 %, ON TRACK • Bankarts only - 5 min • Bankarts + Remplissage all the time - 5 min • Rebutal - 2 min • Rebutal - 2 min Final Verdict	FREE PAPERS

DAY 1 - 26TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - ELBOW / ANKLE
11.35 AM - 12.15 PM	DEBATE 2 MEDIAL SIDE RECONSTRUCTION - CHRONIC CASE - Weave Technique Works well posteromedially - 5 min - Laprads Technique - All the time - 5 min - Rebutal - 2 min - Rebutal - 2 min - Final Verdict	DEBATE -2 ROTATOR CUFF REPAIR - Rotator Cuff Repair - Single Row - Rotator Cuff Repair - Double Row - Rebutal - 2 Min - Rebutal - 2 min - Final Verdict	FREE PAPERS
12.15 PM - 01.10 PM	LIVE SURGERY 6 - KNEE PCL Reconstruction - Double Bundle	LIVE SURGERY 7 - SHOULDER Rotator Cuff Repair - Double Row	RE LIVE SURGERY - ANKLE SESSION - Chondral Lesion In Talus by Single Step Autologous Procedure "Autocart" - (20 Min) - Posterior Scopy for Chronic Achilles Tear usig FHL - (25 Min)
01.10 - 01.45 PM	LUNCH		
01.45 PM - 02.25 PM	MODULE 7 REVISION ACL Case Based Presentation - What To Do?, Why & How? (6 Min Each)	MODULE - 8 ROTATOR CUFF REPAIR Case Based Presentation - When, Why & How? (6 min each)	MODULE - 9 ANKLE SESSION (6 MIN EACH)
01.45 PM - 01.51 PM	1. Planning & Workup For Revision ACLR	1. Single Row Cuff Repair - Scioi Technique	1. Indications, Positioning & Portals for Ankle Scopy
01.51 PM - 01.57 PM	2. Graft choices - autograft, jewel graft etc	2. Double Row Cuff Repair	2. Bony Impingement
01.57 PM - 02.03 PM	3. Tunnel dilatation in Revision ACL	3. Transosseous Cuff Repair	3. Arthroscopic Assisted Ankle Fusion
02.03 PM - 02.09 PM	4. Stiff Knee following ACL Reconstruction & LET	4. Mini Open Rotator Cuff Repair	4. Open Brostrom - Tips & Tricks
02.09 PM - 02.15 PM	5. Revision ACL - Single Stage or Two Stage	5. Biceps Augmented Cuff Repair	5. Arthroscopic Management of Haglunds Deformity
02.15 PM - 02.21 PM	6. Infected ACL Reconstruction.	6. Pasta Cuff Repair	6. Arthroscopic Collagenous Matrix Therapy for Osteochondral Lesions of Talus
	Discussion - 5 Min (Questions from convenor / floor)	Discussion - 5 Min (Questions from convenor / floor)	Discussion - 5 Min (Questions from convenor / floor)

DAY 1 - 26TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - ELBOW / ANKLE
02.25 PM - 02.40 PM	KEYNOTE 4 - KNEE (12 min) Beyond Meniscus Repair - Recent Advances Biological Augmentation Centralisation, Meniscus Transplant	KEYNOTE 5 - SHOULDER (12 min) Cuff Repair - Single/Double/ Transosseous Which is Better? Clinical / Evidence Based. When & Why	KEYNOTE 6 - ANKLE SESSION (12 min) Arthroscopic Brostrom - Long Term Results My Experience
02.40 PM - 03.30 PM	LIVE SURGERY 8 - KNEE Root Repair Medial Meniscus	LIVE SURGERY 9 - SHOULDER Single Row Cuff Repair (Scioi) Sos Dermal Allograft	MODULE - 10 ARTHROSCOPIC SPINE Biportal endoscopy spine (UBE) (7 Minutes Each) - Endoscopic Anatomy of Spine - Indications, Portals & Positioning - UBE Lumbar Discectomy - UBE for Lumbar Stenosis - UBE Lumbar TLIF - Para UBE Lumbar Spine Discussion - 8 min (Questions from convenor / floor)
03.30 PM - 04.00 PM	MODULE 11 - PANEL DISCUSSION - KNEE Meniscus Repair	MODULE -12 PANEL DISCUSSION - SHOULDER Bony & Revision Bankarts	FREE PAPERS
INDUSTRY SPONSORED WORKSHOPS			
04.10 PM - 04.40 PM	HALL 1 SIRONIX	HALL 2 BIOTEK	HALL 3 NORMED
04.00 PM - 06.00 PM	HALL 4 AUXEIN	HALL 5 SMITH & NEPHEW	
04.00 PM - 06.00 PM	GBM		
06.30 PM - 07.00 PM	INAUGURATION		
07.00 PM ONWARDS	Motivational Talk - Great Meet Sportastic Inspirational Talk Felicitation, Dances, Orchestra Gala Dinner		



DAY 2 - 27TH SEPTEMBER 2025

BREAKFAST MASTER CLASS SESSIONS					
TIME	HALL 1	HALL 2	HALL 3	HALL 4	HALL 5
07.00 AM - 07.50 AM	PRIMARY ACL RECONSTRUCTION - TIPS & TRICKS (7 MIN EACH)	PCL RECONSTRUCTION - TIPS & TRICKS (7 MIN EACH)	BANKART REPAIR & REMPLISAGE - TIPS & TRICKS (7 MIN EACH)	ROTATOR CUFF REPAIR - TIPS & TRICKS (7 MIN EACH)	MENISCUS REPAIR - TIPS & TRICKS (7 MIN EACH)
07.00 AM - 07.07 AM	1. Current ACL Anatomy	1. Understanding Anatomy of PCL	1. Portals Making & Canula Placement	1. Portal Placement in Cuff Repair	1. Anatomical Basis for Meniscal Repair. Is it worth
07.07 AM - 07.14 AM	2. Grafts for Primary ACL Reconstruction	2. Femoral & Tibial Tunnel Placement - Tips & Tricks	2. Mobilisation & Glenoid Bone Bed Preparation	2. Intra-articular & Subacromial Bursoscopy	2. Medial Meniscus Ramp & Zip Lesions
07.14 AM - 07.21 AM	3. Femoral & Tibial Tunnel Placement Tips	3. PCL - Single Bundle / Double Bundle When to do ?	3. Suture Anchor Placement	3. Cuff Mobilisation & Identification of Tear Pattern	3. Meniscus Root & Radial Tears
07.21 AM - 07.28 AM	4. Graft Fixations Techniques - Tips & Tricks	4. Step by step - PCL Single Bundle Reconstruction Video	4. Bites using antegrade / retrograde & Knot Tying	4. Anchor Placement & Suture Passage	4. Discoid Meniscus
07.28 AM - 07.35 AM	5. Step by Step Video	5. Step by step PCL Double Bundle Reconstruction Video	5. Step by step Video of Bankart Repair	5. Steps of single Row Cuff Repair (SCOI) Video	5. Bucket handle Medial Meniscus Tear
07.35 AM - 07.41 AM	6. Rehab & Return to Sports after ACL Recons.	6. Rehabilitation after PCL Reconstruction	6. Remplissage - Easiest Way to do it !	6. Double row Repair - Step by step	6. Peacock Technique for Parrot Beak Tear
	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)

DAY 2 - 27TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - WRIST/SAARC/ DEFENCE WING/WOMENS WING
07.55 AM	LIGHTENING & BEGINNING OF PROGRAMME	LIGHTENING & BEGINNING OF PROGRAMME	LIGHTENING & BEGINNING OF PROGRAMME WRIST SCOPY
8.00 AM - 08.55 AM	LIVE SURGERY 10 - KNEE PLC - Laprade Or PMC (Laprade)	LIVE SURGERY 11 - SHOULDER Arthrolatarjet	RE - LIVE SURGERY - WRIST 1. Wrist scopy - TFCC - 25 minutes 2. Wrist scopy - Carpal Tunnel Release - 25 minutes Discussion - 5 min (Questions from convenor / floor)
08.55 AM - 09.35 AM	MODULE 13 - MULTILIGAMENT INJURY KNEE Case Based Presentation - What To Do, Why & How? (6 Min Each)	MODULE 14 - IRREPAIRABLE MASSIVE CUFF TEARS Case Based Presentation - When, Why & How? (6 Min Each)	MODULE 15 - WRIST SCOPY - BASICS
08.55 AM - 09.01 AM	1. ACL + MCL - Acute within 2 Weeks	1. Lattisimus Dorsi Transfer	1. Indications, Positioning & Portals For Wrist Scopy
09.01 AM - 09.07 AM	2. ACL + MCL - Chronic > 10 Weeks	2. Lower Trapezius Transfer	2. Diagnostic Scopy of Wrist Joint - Arthroscopic Anatomy
09.07 AM - 09.13 AM	3. ACL + PCL + PLC + MCL - Chronic Case > 12 Weeks	3. Muscle Sliding Surgery	3. Arthroscopic Management of Ganglion Cyst
09.13 AM - 09.18 AM	4. PCL + PLC + ACL + MCL - Chronic Case > 12 Weeks	4. Cuff Repair with Fascia Lata SCR	4. Arthroscopic Management of carpal Instability
09.18 AM - 09.24 AM	5. ACL + PCL + Patellar Tendon Injury. Chronic Case > 6 Weeks	5. Balloon Spacer	5. Druj Instability
09.24 AM - 09.30 AM	6. PCL + PLC - > 8 weeks Discussion - 5 Min (Questions from convenor / floor)	6. Rerouting Biceps - Bio SCR Discussion - 5 Min (Questions from convenor / floor)	Discussion - 5 Min (Questions from convenor / floor)

DAY 2 - 27TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - WRIST/SAARC/ DEFENCE WING/WOMENS WING
	KEYNOTE 7: KNEE (12 min) Arthroscopic Laprade PLC & Arthroscopic Modified Larson PLC Discussion - 3 min	KEYNOTE 8: SHOULDER (12 min) Synthetic Graft / Bioinductive Graft for Massive Cuff Tear Is it a Hype ? Market Driven ? Really it Matters Discussion - 3 min	KEYNOTE 9: WRIST. SCOPY (12 min) Wrist Scopy - Recent Advances Discussion - 5 min
09.50 AM- 10.20 AM	MODULE 16: PANEL DISCUSSION. KNEE Multiligament Knee Injuries	MODULE 17: PANEL DISCUSSION. SHOULDER Massive Cuff Tear	MODULE 18: WRIST SCOPY Case Based Presentation - What to do?, Why & How? (6 min Each) 1. Acute SL Injury & Resultant Carpal Instability Bhatt 2. Schaphoid Waist Non-union 3. Symptomatic Ganglion Cysts (Dorsal/ Volar) 4. Wrist arthroscopy in Decision Making in Management of Keinbocks
10.20 AM -11.05 AM	LIVE SURGERY 12 - KNEE PCL + PLC or ACL + PLC using CQT	LIVE SURGERY 13 - SHOULDER Bankarts + Remplissage (Double Pulley)	FREE PAPERS
11.05 AM -11.20 AM	TEA BREAK		
11-20 AM -11.40 AM	PRESIDENTIAL ORATION - HALL A		
11.40 AM - 12.10 PM	PAST PRESIDENTIAL ORATION - HALL A		
12.10 PM - 12.50 PM	GLOBAL CONSENSSES - ABOUT VARIOUS MODALITIES OF TREATMENT PANEL DISCUSSION (HALLA)		
12.50 PM - 01.05 PM	INDIAN LIGAMENT REGISTRY - PRESENT STATUS		
01.05 PM - 01.35 PM	BEST PAPER SESSION (6 MIN EACH)		
01.35 PM - 02.15 PM	LUNCH		

DAY 2 - 27TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - WRIST/SAARC/ DEFENCE WING/WOMENS WING
02.15 PM - 03.05 PM	LIVE SURGERY 14 - KNEE MPFL Reconstruction with TTO	LIVE SURGERY 15 - SHOULDER Cuff Repair with Regenetten	MODULE 19 - WOMENS WING CASE Based Presentation - When, Why & How? (6 Min Each) 1. Optimising Knee Longevity : Joint Preservation Via Revision ACL & Meniscal Allograft Transplantation 2. Knee Preservation: High Tibial Osteotomy When & How ? 3. Acl Avulsion Fracture Fixation by Criss Cross Technique 4. Biceps Tendon Augmentation for Arthroscopic Cuff Repair 5. Patellar Osteochondral Fracture Fixation with Absorbable Suture Bridge 6. Comprehensive Arthroscopic Management (CAM) Procedure For Bilateral Severe Primary Osteoarthritis of Shoulders Discussion - 5 min (Questions from convenor / floor)
03.05 PM - 03.35 PM	MODULE 20 - KNEE Complications - How To Tackle It? (6 Min Each) 1. Encountering murphy's Law: If Anything Can Go Wrong, It Will Go Wrong 2. Mismatch BTB Graft 3. Fibula # during PLC Reconstruction 4. Popliteal Artery Injury During PCLR - How to Manage & Diagnose 5. Femoral Drilling During ACL Recons - How to Avoid Medial Femoral Condyle & Posterior Blow-out Discussion - 5 min (Questions from convenor / floor)	MODULE 21 - SHOULDER Difficult Cases - How To Tackle It (6 Min Each) 1. Cuff 2. Failed AC Joint Reconstruction 3. Lasso Breakage During Bankarts 4. Irreparable Subscap Tear - Ant. Lattismus Dorsi 5. Failed Reverse Shoulder Arthroplasty Discussion - 5 min (Questions from convenor / floor)	MODULE 22 - SAARC (7 MIN EACH) 1. Meniscus Repair -save The Meniscus 2. Remanent Preservation In ACL 3. See It , learn It,trust It: All-inside ACL through the surgeons lens 4. Meniscus Preservation in limited resource environment 5. PCL Avulsion fixations : our experience 6. PF instability : a simplified algorithm Discussion - 5 min (Questions from convenor / floor)

DAY 2 - 27TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER		HALL C - WRIST/SAARC/ DEFENCE WING/WOMENS WING	
03.40 PM - 03.55 PM	KEYNOTE 10 - KNEE (12 min) Patient & Lesion Variables Affecting Cartilage Repair Surgery Selection	KEYNOTE 11 - SHOULDER (12 min) Subscapularis Tear - Inside & Outside the Box?		FREE PAPERS	
03.55 PM - 04.45 PM	LIVE SURGERY 16 - KNEE Acl. Reconstruction using Synthetic Graft SOS Mosaicplasty	LIVE SURGERY 17 - SHOULDER Arthroscopic Bone Block + Bankarts		LIVE SURGERY 18 - TBA	
04.45 PM - 05.10 PM	MODULE 23: PANEL DISCUSSION - KNEE CARTLAGE DEFECTS	MODULE 24: PANEL DISCUSSION COMPLICATIONS FOLLOWING BANKARTS & LATARJET		MODULE 25: DEFENCE WING (7 MIN EACH) 1. Femoral Tunnel Accuracy in ACL Reconstruction - Randomised Trial for Comparison 2. Acromioclavicular Joint Injuries - From A Mockery to an Enigma 3. Shoulder Instability Pattern in Young Soldiers - A Tertiary Care Experience Discussion - 10 min (Questions from convenor / floor)	
INDUSTRY SPONSORED WORKSHOPS					
04.55 PM ONWARDS	HALL 1 SIRONIX	HALL 2 BIOTEK	HALL 3 OSTEOCARE	HALL 4 DEPUY-MITEK	HALL 5 MJ SURGICAL
05.00 PM - 06.00 PM	GBM				
07.00 PM ONWARDS	Dance Performances Lawni Felicitations Orchestra & Dj Night Gala Dinner				

DAY 3 - 28TH SEPTEMBER 2025

BREAKFAST MASTER CLASS SESSIONS					
TIME	HALL 1	HALL 2	HALL 3	HALL 4	HALL 5
07.00 AM - 07.50 AM	KNEE OSTEOTOMIES. WHEN ? HOW? (7 MINS)	REVERSE SHOULDER ARTHROPLASTY (7 MINS)	CARTILAGE INJURIES - HOW TO DO? WHEN ? (7 MINS)	AC JOINT DISLOCATION (7 MINS)	PATELLOFEMORAL INSTABILITY (7 MINS)
07.00 AM - 07.07 AM	1. Osteotomy - HTO / DFO - Indication & Planning on Digital App	1. Preoperative CT Based Planning for RSA	1. Work up for Cartilage Lesions	1. AC Joint Dislocation - When to Do Reconstruction? Decision Making	1. Planning for Patellofemoral Instability
07.07 AM - 07.14 AM	2. Choice of Implants in HTO & DFO	2. Subscapularis - peel/tenotomy/osteotomy	2. Single Stage MCIC	2. AC joint reconstruction - acute using dog bone	2. Novel Tech. of MPFL Reconst
07.14 AM - 07.21 AM	3. How to do open Wedge HTO? How to avoid Slope Change.Tips	3. Glenoid Exposure - tips & tricks	3. Autocart For Medial Femoral Condyle	3. AC Joint Reconstruction - Acute Using Infinity Loop by XIROS	3. TTO - When to do ?
07.21 AM - 07.28 AM	4. HTO - When to Do Open Wedge / Closed Wedge?	4. Lateralised vs medialised RSA -	4. Mosaicplasty - Tips & Tricks	4. AC joint & CC Ligament Reconst. Using Suture Tape	4. MPFL + TTO - When Why & How?
07.28 AM - 07.35 AM	5. DFO for Valgus Knee - When To Do ? When Open Wedge Or Close Wedge ?	5. Glenoid Deficiency - How To Manage?	5. ACI - Tips & Tricks	5. AC JT Reconstruction - Chronic Using Dogbone & Hamstrings	5. Trochleoplasty - When To Do?
07.35 AM - 07.41 AM	6. ACL reconstruction + HTO. When & how? Tips & tricks	6. Unstable RSA - How To Fix It ?	6. Utility Of 3D Printed Schafolds	6. Open AC Joint Reconstruction Using Hamstrings	6. Distal Femoral Derotation Osteotomy
	Discussion 6 min (Questions from convenor / floor)	Discussion - 5 min. (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)	Discussion - 5 min (Questions from convenor / floor)

DAY 3 - 28TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - HIP
08.00 AM - 08.45 AM	LIVE SURGERY 19 - KNEE DFO / Slope Correction Osteotomy	LIVE SURGERY 20 - SHOULDER Massive Cuff repair with Lower trapezius Transfer	RE-LIVE SURGERY: HIP SESSION 1. Positioning, Portal Making & Diagnostic arthroscopy of Hip Central & Peripheral - (20 Minutes) 2. FAI - CAM & Pincer (25 Minutes)
08.45 AM - 09.35 AM	MODULE 26: KNEE - OSTEOTOMY Case presentation - When, Why (7min Each)	MODULE 27: MASSIVE CUFF TEAR WITH VARIOUS PATCHES Case presentation - When, Why & How? (6 min Each)	MODULE 28 - HIP ARTHROSCOPY SESSION
8.45am - 8.52am	1. Digital Planning on Software for HTO /DFO	1. Cuff Repair with Integrity Patch	1. Or setup, Instrumentation & indications of Hip Scopy
8.52am - 8.59am	2. ACL + HTO - When to do ? Why ? How	2. Cuff Repair with Pich Patch	2. Hip Arthroscopy - Anatomy & Portals
8.59am - 9.06am	3. Root Repair + HTO - When / Why & How	3. Dermal Allograft Patch	3. Diagnostic scopy of hip - central & peripheral
9.06 am - 9.13am	4. Dual Osteotomy - When to do ? Why ?	4. Biobrace Technique	4. Radiology for FAI - HIP
9.13am - 9.20am	5. Tibial Slope Correction Osteotomy in Revision ACL Surgery	5. Cuff Repair with Regenetten	5. Hip Arthroscopy - Working Plan For Synovectomy / Loose Body
9.20 am - 9.27am	6. TCVO - When to Do It ? Why ?	6. Biceps "open Book" Smasher Technique	6. Arthroscopic Approach to Hamstring Repair
	Discussion - 8 minutes (Questions from convenor / floor)	Discussion - 8 minutes (Questions from convenor / floor)	Discussion - 8 minutes (Questions from convenor / floor)
09.35 AM - 09.50 AM	KEYNOTE 12 - KNEE (12 min) Orthobiologics In Knee Discussion - 3 minutes (Questions from convenor / floor)	KEYNOTE 13 - SHOULDER (12 min) Adhesive Capsulitis - Recent Updates Discussion - 3 minutes (Questions from convenor / floor)	KEYNOTE 14 - HIP (12 min) Disasters /complications Of Hip Arthroscopy What We Have Learned & How To Avoid? Discussion - 3 minutes (Questions from convenor / floor)

DAY 3 - 28TH SEPTEMBER 2025

TIME	HALL A - KNEE	HALL B - SHOULDER	HALL C - HIP
09.50 AM - 10.40 AM	LIVE SURGERY 21 - KNEE HTO - Medial Open Wedge + Root Repair	LIVE SURGERY 22 - SHOULDER Arthroscopic Cuff Repair + Biobrace	MODULE 29: Case Based Presentation - When, Why & How (7 Min Each) 1. Labral Repair 2. FAI - CAM & Pincer Lesion Using C-ARM Interop 3. ROLE OF Hip Arthroscopy in AV N 1/2 4. Hip Scopy in Paediatrics 5. TBA Discussion - 5 min (Questions from convenor / floor)
10.40 AM - 11.15 AM	MODULE 30: PANEL DISCUSSION Osteotomies Around Knee	MODULE 31: PANEL DISCUSSION Reverse Shoulder Arthroplasty	MODULE 32: VIDEO TECHNIQUES (6 MIN EACH) 1. Suprascapular Nerve Release 2. Graft Passage of Double Bundle PCL 3. Hashtag Repair of Radial Meniscus Tear 4. Subpectoral Biceps Tenodesis 5. Capsular Plication of Multidirectional Instability Discussion - 3 min (Questions from convenor / floor)